

# One Thing I Have Desired

*One thing have I desired of the LORD, that will I seek after;  
that I may dwell in the house of the LORD all the days of my life,  
to behold the beauty of the LORD, and to inquire in his temple. – Psalm 27:4*

## What is your obsession?

I love chocolate. I always have. Perhaps it was bred into my genes, but it is an obsession. I've got to have chocolate, the richer and darker the better. There are times when my chocolate craving clouds everything else. I remember one night while on vacation at the shore, sitting in bed reading a good book, when gradually I was possessed by this unnatural craving for bitter sweet chocolate. I searched my pockets, my brief case, then the cupboards. No chocolate! Finally, the craving was so maddening that I put on my pants and shoes and went down to the drug store to buy a bittersweet chocolate bar. You could hear a huge sigh of relief as I settled back in bed, savoring little pieces of my favorite chocolate.

## One Thing

David said, "One thing ..." is my continuing obsession. One thing. The problem many of us face is that we are unfocused. We don't get focused on just one thing. We have pandemic desires for hundreds or thousands of things. Priorities get all jumbled. We don't have any priority, we have dozens of equally important things. We have a vague but continuing longing for something that will satisfy but we don't know what it is. So we spend our lives searching for the illusive butterfly that always evades us. David settled on what his predominant desire was. "One thing I have desired, that will I seek after."

In the comedic movie, City Slickers with Billy Crystal, and Jack Palance, the rough and tough cowboy, Palance scolded Crystal for not knowing what he wanted in life. He asked the question, "Do you know what the secret of life is?" Billy replied anxiously, "No, What is the secret of life?" Palance answered by holding up one finger and said, "This is the secret of life." The moral of that lesson becomes clear by the end of the movie when it finally dawns on Billy Crystal that the meaning of the one finger pointed upwards was to find one thing, the thing most important to you, and pursue it.

## Supreme Desire

The mature life has discovered its one supreme desire and pursues that above all else. It is a life that is governed by that passion. It is a prioritized and ordered life. It is focused. It is a centered life.

What is the driving focus of your life? What is the "one thing" you pursue above all others?