

Life's Simplest Prayer

“God... to me a sinner... be merciful.” – Luke 18:13
“Our Father... forgive us our debts... give us this day.”

This is a pattern for a simple, daily, private prayer time. Even the busiest among us can use this prayer as a pattern. If you are a novice, (or an experienced pray-er) this pattern can be a refreshing tool for deepening your walk with God.

1. Praise and Thanksgiving
(Enter his gates with... Ps 100)
2. Confession and Surrender
(Confess your sins, faults I John 1:9)
3. Petition and Requests
(Let your requests be made known - Phil 4:6)

Hints For Enjoying Prayer

- ◇ Practice Quiet – Be Still - quiet time (closet, close the door)
- ◇ 3-Minute Timer – don't stall or get distracted. Keep focused
- ◇ Journal – your thoughts as a prayer - Dear Lord today...
- ◇ Meditate – on creation, his works, his cross, psalms, a verse
- ◇ Plan – have a plan. *Failure to plan is a plan to fail.*
- ◇ Schedule – schedule God! Is he in your daily planner, palm pilot, day-timer?
- ◇ Prayer Days – (once a month: 2 hrs to a day - a God soaking)
- ◇ Prayer Retreats – (weekend with God, or a night and a day)

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