

# A Disciple's Spiritual Life Inventory

This spiritual life inventory is designed to be a self-test, not a way of judging others. It is unscientific, yet it can be a vital aid in thinking about and evaluating your spiritual life and growth. Do it prayerfully, without excuses. Be brutally honest before God remembering Hebrews 4: – *all things are open and nakedly exposed before him to whom we must give an account.*

## Obedience to Christ

Question	Yes	Some	No
1. Are you personally committed to serving Jesus Christ as Lord?	2	1	0
2. Have you had a basic discipleship/mentored experience?	2	1	0
3. Have you been baptized by immersion as an youth/adult?	2	1	0
4. Have you become a member of your local church?	2	1	0
5. Are you regular in church attendance (3-4 Sundays per month)?	2	1	0
6. Do you participate in the communion service at least monthly?	2	1	0
7. Do you tithe regularly?	2	1	0
8. Do you give regularly to missions?	2	1	0
9. Are you weekly participating in a church ministry or service?	2	1	0
10. Do you regularly fellowship with believers in a small group?	2	1	0
11. Do you boldly share your testimony with others?	2	1	0
12. Have you ever brought or won someone to Christ?	2	1	0
13. Is Jesus Lord of every area of your life?	2	1	0
14. Do you delight in God's commands?	2	1	0
<b>Total Your Score</b>			

## Knowledge of the Word

Question	Yes	Some	No
1. Have you memorized sufficient Scriptures (know at least 30 verses by heart)?	2	1	0
2. Do you currently practice the discipline of Bible memorization?	2	1	0
3. Can you list the 10 commandments, and recite the Lord's Prayer, the 23 <sup>rd</sup> Psalm?	2	1	0
4. Do you know the books of Bible by heart?	2	1	0
5. Do you know most of the stories of Bible?	2	1	0
6. Have you ever studied the principle doctrines of the Bible?	2	1	0
7. Do regularly study the Bible on your own (not just read it)?	2	1	0
8. Do you know how to do a "Word Study" of Bible word?	2	1	0
9. Have you ever taught a Bible class?	2	1	0
10. Are presently teaching the Bible to someone?	2	1	0
11. Do you know how to use a concordance?	2	1	0
12. Do you read the Bible every day?	2	1	0
13. Have you ever read the Bible through in a year?	2	1	0
14. Are you reading the Bible through this year?	2	1	0
<b>Total Your Score</b>			

## Prayer Life

Question	Yes	Some	No
1. Do you have a prayer time every day?	2	1	0
2. Do you have a prayer closet where you go alone to pray?	2	1	0
3. Do you attend a prayer meeting weekly?	2	1	0
4. Do you have a prayer partner you meet with weekly?	2	1	0
5. Do you practice fasting?	2	1	0
6. Do you practice spiritual warfare praying?	2	1	0
7. Do you go on personal prayer retreats?	2	1	0
8. Do you regularly have extended times of prayer?	2	1	0
9. Do you exercise the authority of the believer and warfare praying?	2	1	0
10. Are you regularly praying the salvation of souls?	2	1	0
11. Do you maintain a personal prayer list?	2	1	0
12. Do you teach others how to pray?	2	1	0
13. Have you ever taken a course or seminar on prayer?	2	1	0
14. Do you regularly read books on intercessory prayer?	2	1	0
<b>Total Your Score</b>			

## Godly Character & Lifestyle

Question	Yes	Some	No
1. Do you live with eternity's values in view?	2	1	0
2. Do you live every day as though Christ will come today?	2	1	0
3. Are you ethical in everything you do?	2	1	0
4. Do you have absolute moral standards?	2	1	0
5. Do you live a holy life? Is it above reproach?	2	1	0
6. Is your thought life normally pleasing to Christ?	2	1	0
7. Do you pray carefully about all the decisions you make?	2	1	0
8. Do you know you are in the center of God's will?	2	1	0
9. Are your personal finances in order (God's order)?	2	1	0
10. Does your political affiliation reflect your biblical standards and convictions?	2	1	0
11. Do you publicly speak up about social injustice and immorality?	2	1	0
12. Do others you work with know your absolutes? Do you have any?	2	1	0
13. Is Jesus Christ the center of your life and love?	2	1	0
14. Do you hunger and thirst after God?	2	1	0
<b>Total Your Score</b>			

## Spiritual Disciplines

Question	Yes	Some	No
1. Do you have a daily prayer time?	2	1	0
2. Do you personally read the Word daily?	2	1	0
3. Do you tithe regularly?	2	1	0
4. Do you give beyond the tithe?	2	1	0
5. Do you actively thank and praise God out loud?	2	1	0
6. Have you read through Bible?	2	1	0
7. Do you have a close circle for fellowship (cell group, bible study)?	2	1	0
8. Do you keep a daily journal?	2	1	0
9. Do you keep yourself accountable to anyone?	2	1	0
10. Do you serve the Lord in some weekly capacity?	2	1	0
11. Do you look for opportunities to serve the Lord?	2	1	0
12. Are you punctual?	2	1	0
13. Do you set spiritual goals for yourself?	2	1	0
14. Do you faithfully attend all the services of your church?	2	1	0
<b>Total Your Score</b>			

## Relational People Skills

Question	Yes	Some	No
1. Are you patient under pressure and in affliction?	2	1	0
2. Are you known for grace and tact?	2	1	0
3. Do you forgive easily when people offend you?	2	1	0
4. Are you able to get along with difficult people?	2	1	0
5. Are you free of all resentment over past sins, offenses, or hurts?	2	1	0
6. Do you regularly encourage other people with your words?	2	1	0
7. Are you confident and secure as a person?	2	1	0
8. Are you comfortable meeting strangers?	2	1	0
9. Have you ever made restitution for some wrong?	2	1	0
10. Are you slow to get angry?	2	1	0
11. Do you easily make new friends	2	1	0
12. Do you easily meet new people?	2	1	0
13. Do you enjoy social interaction? Parties, Social gatherings, etc?	2	1	0
14. Do you enjoy conversations with people you hardly know?	2	1	0
<b>Total Your Score</b>			

## Evangelistic Skills

Question	Yes	Some	No
1. Are you able to clearly articulate the Gospel message right now?	2	1	0
2. Can you quote 10 Scriptures to support the gospel message?	2	1	0
3. Can you answer objections of those who oppose the gospel?	2	1	0
4. Can you defend creation and your faith before an atheist or agnostic?	2	1	0
5. Do you have specific evangelistic strategies for reaching your friends for Christ?	2	1	0
6. Are you trained to refute and answer cults?	2	1	0
7. Do you every purposely pursue people with the Gospel?	2	1	0
8. Did you bring anyone to Christ this past year?	2	1	0
9. Have you ever brought someone to Christ?	2	1	0
10. Do you maintain a "10 Most Wanted" list for prayer?	2	1	0
11. Do you have a ready answer for those who say the Bible is full of errors?	2	1	0
12. Do you deliberately make friends of unbelievers to win them to Christ?	2	1	0
13. Do you have any unsaved friends with whom you spend time?	2	1	0
14. Have you ever taken a course in Evangelism Explosion?			
<b>Total Your Score</b>			

## Family Life

Question	Yes	Some	No
1. Are you faithful to your spouse?	2	1	0
2. Do you and your spouse have enjoyable conversations regularly?	2	1	0
3. Do you discipline your children consistently? Biblically?	2	1	0
4. Are you a good at expressing affection and affirming your love?	2	1	0
5. Do you set absolute boundaries in your home?	2	1	0
6. Do you have family devotions with your spouse and/or children?	2	1	0
7. Are your finances pleasing to God?	2	1	0
8. Are your movies and TV shows you watch pleasing to Jesus Christ?	2	1	0
9. Do you know the biblical teaching on divorce and remarriage?	2	1	0
10. Have you recently participated in a marriage enrichment weekend or couples retreat?	2	1	0
11. Do you have a plan or schedule to work on your marriage relationship?	2	1	0
12. Did you go through any pre-marital counseling before getting married?	2	1	0
13. If divorced, have you ever attended a divorce recovery workshop?	2	1	0
14. Does your spouse and/or family recognize you are a godly man (or woman)?	2	1	0
<b>Total Your Score</b>			

## Leadership Skills

Question	Yes	Some	No
1. Are you a disciplined person?	2	1	0
2. Do you get up and go to bed a set hours?	2	1	0
3. Do you organize your time every day?	2	1	0
4. Are you a get-it-done kind of person? (Or are you a procrastinator?)	2	1	0
5. Do you able to make up your mind and made decisions easily?	2	1	0
6. Do you have goals for your life, ministry, job?	2	1	0
7. Do have a plan for your life?	2	1	0
8. Do people often follow you as leader?	2	1	0
9. Do people look up to your for guidance and wisdom?	2	1	0
10. Have you been elected to an office in the church?	2	1	0
11. Have you volunteered for any leadership position in the church?	2	1	0
12. Do you dream and plan for your future?	2	1	0
13. Are you good in moments of crisis?	2	1	0
14. Are you an organized person?	2	1	0
<b>Total Your Score</b>			

## Psychological Dissatisfactions (notice the answers are reversed for negatively stated questions)

Question	No	Some	Yes
1. Do you get discouraged easily?	2	1	0
2. Do you get angry often?	2	1	0
3. Do you use derogatory expressions like “stupid,” “idiot,” “jerk,” etc?	2	1	0
4. Do you often argue with your spouse or children?	2	1	0
5. Do you ever lose your temper?	2	1	0
6. Do you ever feel like God doesn’t love you?	2	1	0
7. Do you ever feel like God doesn’t care or doesn’t answer your prayers?	2	1	0
8. Are you a critical person? A complainer?	2	1	0
9. Do you ever feel like God failed you?	2	1	0
10. Do you ever swear?	2	1	0
11. Do you ever get angry at God?	2	1	0
12. Is there anyone you are bitter against, angry at, or dislike intensely?	2	1	0
13. Do you ever have thoughts of suicide?	2	1	0
14. Do you ever wish you were dead?	2	1	0
<b>Total Your Score</b>			

# Scoring Yourself

Each section contains 14 questions. Each section has a possible high score of 28. There are 10 sections. Tabulate your points in each column, then the total score. The highest possible total for all sections is 280. Add 0-10 points to indicate your level of honesty in answering these questions. (10 is brutally honest, 1 "I cheated.") Add another 10 points just for taking the test. Now the possible score is 300. Divide 300 by 3 to get your grade.

## Your Score Sheet

Topic	Score	%
1. Obedience to Christ		
2. Knowledge of the Word		
3. Prayer Life		
4. Godly Character		
5. Spiritual Disciplines		
6. People Skills		
7. Evangelistic Skills		
8. Family Life		
9. Leadership Skills		
10. Emotions Balance		
Free points (10)		-
Honesty points (0-10)		-
<b>Grand Total</b>		

## Sample Score Sheet

Topic	Score	%
1. Obedience to Christ	28	100
2. Knowledge of the Word	25	88
3. Prayer Life	28	100
4. Godly Character	28	100
5. Spiritual Disciplines	20	70
6. People Skills	15	42
7. Evangelistic Skills	25	88
8. Family Life	28	100
9. Leadership Skills	14	39
10. Emotions Balance	28	100
Free points (10)	10	100
Honesty points (0-10)	8	80
<b>Grand Total</b>	<b>258</b>	<b>86%</b>

Divide the total by 3 to get your overall score. Example:  $258 / 3 = 86\%$   
 Percentages for each segment for your individual scoring is...

18=64%	19=68%	20=70%	21=75%	22=78%	23=80%	24=85%	25=88%	26=92%	27=96%	28=100%
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	---------

## Final Self-Evaluation

Grade yourself by putting Better=10, Same=5, Less=0 in the block that are true for you.

We realize that this is not a scientific study and is entirely subjective, but it will serve to give most people a feel for how they are doing as disciples of Christ.

Question	Better	Same	Less
1. Are you <u>growing in discipleship</u> more today than you were than 2 years ago?	10	5	0
2. Are you <u>maturing in Christ</u> more than 2 years ago?	10	5	0
3. Are you <u>stronger in faith</u> more than 2 years ago?	10	5	0
4. More <u>disciplined</u> more than 2 years ago?	10	5	0
5. More <u>faithful</u> and <u>faith-filled</u> more than 2 years ago?	10	5	0
6. More <u>dedicated</u> and <u>committed</u> more than 2 years ago?	10	5	0
7. More <u>Christ-centered</u> more than 2 years ago?	10	5	0
8. Is your <u>prayer life</u> better today than 2 years ago?	10	5	0
9. Are you <u>disciplining or mentoring</u> more people today than 2 years ago?	10	5	0
10. Is <u>Jesus really Lord</u> of all areas of your life today more than 2 years ago?	10	5	0
<b>Total Your Score</b>			

**Total Score** \_\_\_\_\_

100-80 is good healthy improvement.

75-65 is static, status quo, stagnate growth. Less is not acceptable discipleship. You are following afar off.

*This is not a scientific evaluation. It serves only as a personal evaluation and is extremely subjective. If you want a more accurate score have your spouse or a parent fill it out for you!*