

Survey of Prayer Habits

This is a general survey of prayer habits. I am not so much interested in the results or score as I am the survey's affect on you. Are you convicted about your prayer life? Do you feel it is not what it ought to be? If yes, then the survey has served a good purpose. Go and work on change.

You cannot change everything at once, but choose the most desired disciplines mentioned here and work on those, one at a time. There are no “perfect prayers” any more than there are perfect people. Perfection is found in the constant pursuit of God. Paul said, *“I have not yet attained, neither am I yet perfect, but I press toward the mark for the prize of the high calling of Christ.”* Are you passionately pursuing Him?

- Do you have a daily quiet time alone with God?
- Do you regularly read and meditate on Scripture?
- Do you have a literal prayer closet somewhere in your house?
- Do you use a specific prayer pattern as you pray?
- Do you have a strategic prayer plan? (systematic prayer plan)
- Do you have a prayer calendar?
- Do you fast? Regularly?

- Do you have a prayer partner?
- Do you have a prayer accountability partner?
- Do you meet once a week with your prayer partner?
- Do you model prayer for others or lead a prayer gathering?
- Do attend a group prayer meeting?
- Do you mentor, coach, or teach prayer?

- Do you pray out loud when you are alone?
- Do you pray out loud in public (before other people)?
- Do you regularly praise and sing aloud to God privately?
- Do you have a prayer diary or prayer journal?
- Do you keep a prayer list?
- Do you record your prayer requests and answers?

- Do you practice spiritual warfare praying?
- Do you pray with people over the phone?
- Do you pray with (not just for) people about their needs?
- Do you ever lay hands on people when you pray for them?
- Do you have a variety of prayer positions?

- ✍ Do you read and study books on prayer?
- ✍ Do you ever dedicate whole days to prayer?
- ✍ Do you systematically go on prayer retreats?
- ✍ Have you ever spent a whole night in prayer?
- ✍ Do you maintain a top ten list (or top three list) of unsaved people?

- ✍ Do you always pray before your meals?
- ✍ Do you pray daily (or regularly) with your spouse?
- ✍ Do you pray together before leaving on a trip?
- ✍ Do you pray daily (or regularly) with your children?

- ✍ Do people seek you out to pray for them?
- ✍ Do people seek you out to teach them to pray?
- ✍ Do you see miraculous answers to your prayers?
- ✍ Do the sick recover when you pray for them?

- ✍ Do you ever shed tears when you pray?
- ✍ Do you hunger for more of God?

A good question to ask ourselves after each question is, “Why not?”

OK, how did you do? It is not our intention to pass or fail you on these questions. No one should be able to check all of them. Yet, there are questions here that should make you hungry to know more of God and to experience more of his power in your prayer life. Make that your goal. Pick a few and list them below. Now begin daily to lay these before the Lord asking for his renewal and refreshing in your prayer life. God bless you! He will!

Lord, change my prayer life in these areas:

1. _____
2. _____
3. _____
4. _____
5. _____